



Friday 24th April 2026

Absence Reporting Please report your child's absence to the school office via telephone or via text message to **07891 274 260**

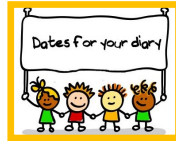
SCHOOL DAY REMINDER

Please can we remind families and pupils that the normal school day begins at **8.45am** and the gates will open automatically at **8.30am** (no need to press the buzzer). If the gates do open for children in boosters, visitors or staff before this time please remain at the gates and do not enter the playground. Many thanks



SPRING TERM DIARY DATES

Please find below a list of events that will be taking place during this term;



- 30.04.2026 Y5 Grinton Lodge**
- 30.04.2026 Reception Height and Weight**
- 30.04.2026 Spring Celebration Lunch Menu**
- 04.05.2026 May Bank Holiday**
- 11.05.2026 Y6 SAT's**
- 15.05.2026 Y6 Rewards Afternoon**
- 20.05.2026 Rec & Y6 Photos**
- 22.05.2026 Dress Like a Rock Star!**
- 22.05.2026 Term Ends**
- 01.06.2026 School Opens**

WELCOME BACK!

We hope you have had a lovely Easter break! We have really loved having the children back this week and the weather has been lovely for lots of outdoor activities!



This half term is very short, we only have 4 more weeks left until our half term holiday. There will be lots of amazing activities going on in school so please make sure you are getting emails and text messages from the Arbor system to keep up with everything.

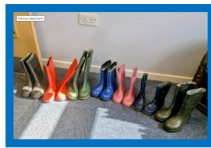
BRITISH WEATHER

We maybe in for some sunny days, rainy days and days where the weather is changeable! Please make sure children are coming to school with appropriate outdoor wear for the weather that day as we will be playing out as much as is possible.



OPAL

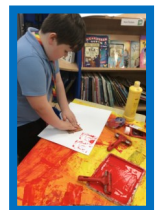
Big thanks for our donation of wellies this week. We like to have a well stocked 'WELLY BANK' for children that might not have wellies. If you have any wellies that are going spare could you please send them into the school office for the attention of Mr B.



We are also looking out for more old tyres and also any old scooters bikes or any wheeled toys!

YEAR 3

Year 3 have been looking further into our architecture and printing topic and in our Art lessons, the children made their own design and used it to make a one colour print. The children got to take these home and had the opportunity to build on their artistic skills. Well Done Year 3!



YEAR 2

Year 2 have had a busy first week back! We loved seeing how much our bulbs have grown over the holidays and recording it in our Science Bulb Diaries. Then On Thursday each class was sent a mysterious parcel which contained a small dragon! We are now collecting information on how to look after a dragon and hopefully will be able to make our own Dragon Guide Book.



MOBILE PHONES

Please **DO NOT** use mobile phones on the school grounds. Please put them away before you enter the gate—this is for safeguarding reasons.





YORKSHIRE WILDLIFE PARK

Year 1 had the best time at the Yorkshire Wildlife Park on Wednesday! We saw cute meerkats, massive polar bears, a spotty leopard, smooth sealions, scary lions, a big tiger, swinging monkeys, a grumpy hyena and a tall giraffe. We walked through the wallaby enclosure and were super excited to see a wallaby with a joey in its pouch. We then walked the whole way around the park (which is a long way) seeing the animals and we were very tired when we got back but had big smiles on our faces!



RECEPTION

Spring has sprung in Reception! We have been learning about the four seasons and how we can see signs of spring all around us. We used a checklist to spot the changes in our outdoor area, went on a spring walk around the school, and even had a go at planting some seeds. Now we are waiting patiently for them to grow.



YEAR 5

Year 5 have made a fantastic start to the half term! We've begun our new geography topic all about rivers, and in maths we are exploring angles. In English, we are using The Lion, the Witch and the Wardrobe as inspiration to develop our writing, building towards creating our own story openings. We have also started reading Harry Potter as part of our author focus on J.K. Rowling. There is lots of excitement building as we look forward to our upcoming residential trip to Grinton Lodge next week!



4A

If your child is in 4A, please look out for communications coming via email for the re-scheduled Family Consultations.



Nursery Places Available For September



For More Information Please

Call: 0113 255 2526

email: office@parkspringprimary.co.uk





Power your play

Cricket courses for 8-11 year olds

Girls only sessions
Book now





Spring

CELEBRATION

THURSDAY 30TH APRIL 2026

ROAST CHICKEN WITH YORKSHIRE PUDDING AND
GRAVY



VEGETARIAN SAUSAGE (VE) (H) WITH YORKSHIRE
PUDDING AND GRAVY

QUORN DIPPERS WITH A SUNSHINE SAUCE (VE) (H)

BABY BAKED POTATOES
MEDLEY OF SPRING VEGETABLES



LEMON AND WHITE CHOCOLATE CHIP COOKIES

OR

FRESH FRUIT



Everyone's welcome. Every week we play games, learn skills, earn badges and yes, even eat a marshmallow or two.

Looking for something new for your child to do? Learn life skills and make new friends? Scouts have groups from ages 4 - 18.

Scan the QR code for more information and find your local group



**Less
screen time
More
green time**

EPEC ~ Being a Parent

Because children don't come with instructions 😊



What is the EPEC ~ Being a Parent?

Empowering Parents Empowering Communities (EPEC) ~ Being a Parent (BAP) is a parenting programme designed to help you address behavioural difficulties, support child development and outcomes, parenting skills, family resilience and family relationships.



From melt down to magic !

Join like-minded parents and carers in a supportive group, where you are encouraged and supported to explore:

- Positive behaviour management and discipline strategies.
- Managing parent and family stress.
- Understanding and managing children's feelings.
- Parent listening, communication, play and interaction skills.
- Attachment and parent-child relationships.
- Parenting roles, expectations, and culture.



Why is it different? Being a Parent groups runs over 8 weeks, 2 hours a week and is completely free.

It is run for parents by parents - Their experiences, backgrounds, skills, and qualities make each session inviting, engaging and fun.

Who is it for?

All parents and carers in Leeds who have children up to the ages of 11 years. Before Being a Parent begins there is a welcome session where you can learn more about what is involved and meet the other parents that are interested in joining the group too.

It's your time, no children, just you!



Where and when is it? Swarcliffe Community Centre (Shop)- 65 Stanks Gardens, LS14 5LS -

Thursday 23rd April – 9:30 - tea and toast information session – group starts 30th April 11:00 – 1:00, for 8 weeks (no group at Half Term) - Please note: there is no transport or childcare available.

Interested in finding out more – Come along to the Tea and Toast info session or email Leeds.epec@leeds.gov.uk Or call/message Kerry (EPEC coordinator) on 07712

215217

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Where and when is it?



Woodlands Co-op Academy

Foundry Lane, Harehills, LS9 6DA

- Tuesday 28th April for the Meeting and Greet session
- The group starts 5th May 9:15-11:15
- The group runs over 8 weeks (no group at Half Term)

Please note: there is no transport or childcare available.

Interested in finding out more – **Come along to the Meet and Greet Session** or email Leeds.epec@leeds.gov.uk or call/message **Kerry** (EPEC coordinator) on **07712 215217**

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Need Your help!

As part of making our playtimes more exciting for all our children, we are on a mission to collect anything and everything we can for them to play with. Are you planning to have a clear out before Christmas? Please keep us in mind
We would really appreciate donations of the following things:

Gardening things

**Den Building
Equipment**

Mud Kitchen

**Things to make music
outside**

Water Play

**'Wheels' Scooters, go
karts etc**

Sand-Pit

**Dressing up clothes
and accessories**

Small World

Construction Toys



What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

18

Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.



National Online Safety®

#WakeUpWednesday