

MIGHTY MEALS MENU 2026

Great school lunches designed to **help young people grow and thrive** in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Park Spring Primary

N4 Week ONE

W/C 23/02, 16/03, 27/04, 18/05, 08/06, 29/06, 20/07.



YUM!

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Tortilla Pizza (V)(H) Homemade	Ham and Pepper Quiche Baby New Potatoes	Breaded Chicken with Sunshine Rice	Roast Pork with Stuffing Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Battered Fish (H) Chips
Meat Free	Vegetarian Super Five Pasta (V)(H)	Cheesy Bean Wrap (V)(H) Baby New Potatoes	Vegetarian Brunch Muffin (V)(H) Herby Diced Potatoes	Vegetarian Sausage with Stuffing (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Vegetable Samosa with Yoghurt and Mint Sauce (V)(H) Chips Salad
Deli	Egg Mayonnaise Bap (V)(H) Homemade Jacket Wedges	Tuna Mayonnaise Bap (H) Baby New Potatoes (H)	Cheddar Cheese Wrap (V)(H) Herby Diced Potatoes	Soft Filled Roll with either Roast Pork or Vegetarian Sausage (V)(H) Roast Potatoes	Tuna Mayonnaise Wrap (H) Chips
Spud Station	Jacket Potato with Coleslaw (V)(H)	Jacket Potato with Baked Beans (VE)(H)	Jacket Potato with Tuna Crunch (H)		Jacket Potato with Cheddar Cheese (V)(H)
Desserts	Ice Cream with Homemade Berry Sauce	Apple and Yoghurt Sponge with Creamy Custard	Lemon Drizzle Cookies with Fresh Fruit Wedges	Cheese and Crackers with Apple Wedges	Fudgy Chocolate Brownie with Fresh Fruit

Fresh Fruit & Yoghurt
Desserts
available daily.

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School: Park Spring Primary

N4 Week TWO

W/C 02/03, 23/03, 04/05, 15/06, 06/07.



YUM!

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mains

Savoury Cheese Roll (V)(H)
Herby Diced Potatoes

Spaghetti Bolognese
Crusty Bread

Ham Tortilla Pizza
Seasoned Potato Wedges

Roast Chicken
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

Crunchy Salmon Bites with Tomato Ketchup (H)
Sauté Potatoes

Meat Free

Flaky Vegan Sausage Roll (VE)(H)
Sunshine rice Salad

Veggie Meatballs in Tomato Sauce (V)(H)
Spaghetti Crusty Bread

Margherita Tortilla Pizza (V)(H)
Seasoned

Vegetarian Sausage (VE)(H)
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

Vegetarian Sweet Chilli Chicken Style Wrap (V)(H)
Sauté Potatoes

Deli

Egg Mayonnaise Bap (V)(H)
Herby Diced Potatoes

Ham Bap
Homemade Jacket Wedges

Tuna Mayonnaise Wrap (H)
Seasoned Potato Wedges

Soft Filled Roll with either Roast Chicken or Vegetarian Sausage (V)(H)
Roast Potatoes

Cheddar Cheese Bap (V)(H)
Sauté Potatoes

Spud Station

Jacket Potato with Cheesy Coleslaw (V)(H)

Jacket Potato with Beef Bolognese

Jacket Potato with Baked Beans (VE)(H)

Jacket Potato with Tuna Mayonnaise (H)

Desserts

Raspberry Jelly with Peach Slices

Butterscotch Cookie with Fresh Fruit Wedges

Pancakes with Ice Cream and Toffee Sauce

Sprinkle Sponge with Creamy Custard

Chocolate Crispy Slice with Fresh Fruit

Fresh Fruit & Yoghurt available daily.

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School: Park Spring Primary

N4 Week THREE

W/C 09/03, 30/03, 20/04, 11/05, 01/06, 22/06, 13/07



YUM!

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Tortilla Pizza (V)(H) Pasta Salad	Chicken Tikka Masala Rice and Naan Bread	Minced Beef Tacos Rice	Pork Sausage Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Fish Finger Butty (H) Tomato Ketchup Chips
Meat Free	Veggie Meatball Sub (V)(H) Homemade Jacket Wedges	Crispy Topped Macaroni Cheese (V)(H)	Vegetarian Enchiladas (V)(H) Rice	Vegetarian Sausage (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Crispy Vegetable Nuggets (VE)(H) Tomato Ketchup Chips
Deli	Egg Mayonnaise Bap (V)(H) Herby Diced Potatoes	Ham Bap Baby Baked Potatoes	Tuna Mayonnaise Wrap (H) Herby Diced Potatoes	Soft Filled Roll with either Pork Sausage or Vegetarian Sausage (V)(H) Roast Potatoes	Cheddar Cheese Salad Wrap (V)(H) Chips
Spud Station	Jacket Potato with Ham and Cheddar Cheese	Jacket Potato with Tuna Mayonnaise (H)	Jacket Potato with Baked Beans (VE)(H)		Jacket Potato with Tuna Mayonnaise (H)
Desserts	Banoffee Mousse	Carrot Cake with Creamy Custard	Chocolate-Orange Flapjack with Fresh Fruit	Strawberry Crunch Sundae	Raspberry Bun with Fresh Fruit Wedges

Fresh Fruit & Yoghurt
Desserts
available daily.