

MIGHTY MEALS MENU 2026

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Park Spring Primary



N4 Week ONE

W/C 23/02, 16/03, 27/04, 18/05, 08/06, 29/06, 20/07.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Tortilla Pizza (V)(H) Homemade	Ham and Pepper Quiche Baby New Potatoes	Breaded Chicken with Sunshine Rice	Roast Pork with Stuffing Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Battered Fish (H) Chips
Meat Free	Vegetarian Super Five Pasta (V)(H)	Cheesy Bean Wrap (V)(H) Baby New Potatoes	Vegetarian Brunch Muffin (V)(H) Herby Diced Potatoes	Vegetarian Sausage with Stuffing (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Vegetable Samosa with Yoghurt and Mint Sauce (V)(H) Chips Salad
Deli	Egg Mayonnaise Bap (V)(H) Homemade Jacket Wedges	Tuna Mayonnaise Bap (H) Baby New Potatoes (H)	Cheddar Cheese Wrap (V)(H) Herby Diced Potatoes	Soft Filled Roll with either Roast Pork or Vegetarian Sausage (V)(H) Roast Potatoes	Tuna Mayonnaise Wrap (H) Chips
Spud Station	Jacket Potato with Coleslaw (V)(H)	Jacket Potato with Baked Beans (VE)(H)	Jacket Potato with Tuna Crunch (H)		Jacket Potato with Cheddar Cheese (V)(H)
Desserts <small>fresh fruit & yoghurt available daily.</small>	Ice Cream with Homemade Berry Sauce	Apple and Yoghurt Sponge with Creamy Custard	Lemon Drizzle Cookies with Fresh Fruit Wedges	Cheese and Crackers with Apple Wedges	Fudgy Chocolate Brownie with Fresh Fruit

YUM!

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



MIGHTY MEALS MENU 2026

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Park Spring Primary



N4 Week TWO

W/C 02/03, 23/03, 04/05, 15/06, 06/07.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mains

Savoury Cheese Roll (V)(H)
Herby Diced Potatoes

Spaghetti Bolognese
Crusty Bread

Ham Tortilla Pizza
Seasoned Potato Wedges

Roast Chicken
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

Crunchy Salmon Bites with Tomato Ketchup (H)
Sauté Potatoes

Meat Free

Flaky Vegan Sausage Roll (VE)(H)
Sunshine rice Salad

Veggie Meatballs in Tomato Sauce (V)(H)
Spaghetti Crusty Bread

Margherita Tortilla Pizza (V)(H)
Seasoned

Vegetarian Sausage (VE)(H)
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

Vegetarian Sweet Chilli Chicken Style Wrap (V)(H)
Sauté Potatoes

Deli

Egg Mayonnaise Bap (V)(H)
Herby Diced Potatoes

Ham Bap Homemade Jacket Wedges

Tuna Mayonnaise Wrap (H)
Seasoned Potato Wedges

Soft Filled Roll with either Roast Chicken or Vegetarian Sausage (V)(H)
Roast Potatoes

Cheddar Cheese Bap (V)(H)
Sauté Potatoes

Spud Station

Jacket Potato with Cheesy Coleslaw (V)(H)

Jacket Potato with Beef Bolognese

Jacket Potato with Baked Beans (VE)(H)

Jacket Potato with Tuna Mayonnaise (H)

Fresh Fruit & Yoghurt available daily.
Desserts

Raspberry Jelly with Peach Slices

Butterscotch Cookie with Fresh Fruit Wedges

Pancakes with Ice Cream and Toffee Sauce

Sprinkle Sponge with Creamy Custard

Chocolate Crispy Slice with Fresh Fruit

YUM!

In addition to hot meals your child can choose:

Deli



Filled fresh Soft Bap or Tortilla Wrap with side.

Spud Station



Oven baked Jacket Potato with side.



MIGHTY MEALS MENU 2026

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Park Spring Primary



N4 Week THREE

W/C 09/03, 30/03, 20/04, 11/05, 01/06, 22/06, 13/07

MONDAY

Margherita
Tortilla Pizza
(V)(H)
Pasta Salad

TUESDAY

Chicken Tikka
Masala
Rice and Naan
Bread

WEDNESDAY

Minced Beef
Tacos
Rice

THURSDAY

Pork Sausage
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

FRIDAY

Fish Finger Butty
(H)
Tomato Ketchup
Chips

Mains

Meat Free

Veggie
Meatball Sub
(V)(H)
Homemade
Jacket Wedges

Deli

Egg
Mayonnaise
Bap (V)(H)
Herby Diced
Potatoes

Spud Station

Jacket Potato
with
Ham and
Cheddar Cheese



available daily

Banoffee
Mousse

TUESDAY

Chicken Tikka
Masala
Rice and Naan
Bread

WEDNESDAY

Minced Beef
Tacos
Rice

THURSDAY

Pork Sausage
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

FRIDAY

Fish Finger Butty
(H)
Tomato Ketchup
Chips

Crispy Topped
Macaroni
Cheese (V)(H)

Vegetarian
Enchiladas
(V)(H)
Rice

Vegetarian Sausage
(VE)(H)
Yorkshire Pudding
Mashed Potatoes
Roast Potatoes
Gravy

Crispy Vegetable
Nuggets (VE)(H)
Tomato Ketchup
Chips

Ham Bap
Baby Baked
Potatoes

Tuna
Mayonnaise
Wrap (H)
Herby Diced
Potatoes

Soft Filled Roll with
either Pork Sausage
or Vegetarian
Sausage (V)(H)
Roast Potatoes

Cheddar
Cheese Salad
Wrap (V)(H)
Chips

Jacket Potato
with
Tuna Mayonnaise
(H)

Jacket Potato
with
Baked Beans
(VE)(H)

Jacket Potato
with
Tuna Mayonnaise
(H)

YUM!

In addition to hot
meals your child
can choose:

Deli



Filled fresh Soft
Bap or Tortilla
Wrap with side.

Spud Station



Oven baked Jacket
Potato with side.

