



Friday 6th February 2026

Absence Reporting Please report your child's absence to the school office via telephone or via text message to **07891 274 260**

SCHOOL DAY REMINDER

Please can we remind families and pupils that the normal school day begins at **8.45am** and the gates will open automatically at **8.30am** (no need to press the buzzer). If the gates do open for children in boosters, visitors or staff before this time please remain at the gates and do not enter the playground. Many thanks



SPRING TERM DIARY DATES

Please find below a list of events that will be taking place during this term;



11.02.2026 Food You Love Lunch Menu

13.02.2026 Zarach PJ Day

13.02.2026 Half Term

23.02.2026 School Opens

25.02.2026 Rec Temple Newsam

25.02.2026 Y2 Armley Mills

05.03.2026 World Book Day Lunch Menu

20.03.2026 Red Nose Day

20.03.2026 Y1 Little Sing

03.04.2026 Good Friday

03.04.2026 School Closed for Easter Break

20.04.2026 School Opens

TRAINING DAYS 2026/2027

We have set SOME of the training days for the next academic year. Please note that there will be another training day at the end of September, but we are waiting for the training to be confirmed.



Tuesday 1 September 2026

TBC – Date in late September – Just waiting for confirmation

Friday 23 October 2026

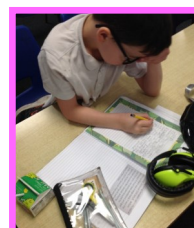
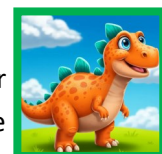
Monday 2 November 2026

Friday 22 January 2027

Once we have finalised the date in September, we will send out the term dates and all the training days via email to all families.

YEAR 3

Year 3 have written their own dinosaur descriptions this week using descriptive language and expanded noun phrases. They then wrote them up with their best handwriting to put in their writing journals. Well Done Year 3!



YEAR 2

As a part of our R.E. Learning topic 'How and why do people pray?' We had some food tasting from different cultures! Hindu's gather together with family to eat and pray. We tried some vegetable samosas; we really enjoyed them!



RECEPTION

We've had such a busy and exciting week in Reception!



The children have been learning all about people who help us, with a special focus on what it's like to be a firefighter. We talked about the important job firefighters do and how they help keep people safe. The children even had a go at putting out a pretend fire and loved getting involved in the role play.

We've also been practising our writing by taking part in a "Big Paper Write" where the children had a go at recording their ideas independently. It's been lovely to see their confidence growing.

It's been a fantastic week of learning and exploring!



Park Spring Primary School

'Achieving Together'



Headteacher: Mrs R Horan
Swinnow Lane, Leeds LS13 4QT tel: 0113 2552526 email: office@parkspringprimary.co.uk

DONATIONS

We looking for clean, glass jars. Jam jars, coffee jars for paint.

If you have any that you can donate, please bring them to the office. Many thanks



FACEBOOK

If you have Facebook, please join our Facebook page as we update this regularly with lots of things that you may need to know. <https://www.facebook.com/parkspringprimary>



INTERNET SAFETY WEEK

Next week in school we will be learning how to keep safe online as well as being respectful and responsible when using it. There are many resources available to help you keep your children safe when being online. Join #wakeupwednesday on Facebook, some really great guides with very useful information. https://www.facebook.com/wuw.thenationalcollege/?locale=en_GB

The group chat guidance is on this newsletter which is essential reading for parents who have children in what's app group chats.



LOVE TO LEARN

Jump Start Maths delivers teacher-led, play-based maths sessions for children aged 2.5–5, designed to support early maths, language, movement and confidence.

Jump Start are running a special half term session on:

Monday 16th February

9:30–10:30

Ages 2–5

Total Studios, Morley, Leeds

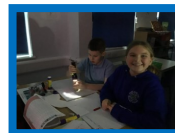
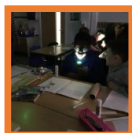
The session is aimed at families looking for something purposeful, fun and developmentally rich to do together during half term.

Book tickets at www.jumpstartmaths.com/halfterm



YEAR 6

This week we learnt about light and how it travels. The children created models of how we see an object using themselves and objects they found in the classroom. We then looked at how light travels through an tube of toilet roll.



PARKING AROUND SCHOOL

Leeds City Council are sending out traffic wardens around the local area to tackle illegally parked cars around schools. This is related to a child being knocked down outside a school in Leeds recently. Please park responsibly around school for the safety of your children and others. There are many side roads where you can park legally and walk to collect your child.



OPAL

WOW!! What a great first week we have had 'in the field' with our OPAL play! The children have loved it! Please remember that children need Wellies to go on the field but they also need their school shoes for when they are back in class. If you have any spare wellies that are too small for your children, please donate them as we will be able to use them. Please also make sure that children are coming to school with coats, hats and gloves as they will be playing out in all weathers. We are all looking forward to the whole school utilising some of the amazing things we have in place so far after half term!



LEEDS SAILING & ACTIVITY CENTRE
FEBRUARY HALF TERM ACTIVITY PROGRAMME
16-22 February 2026

SCAN TO BOOK ONLINE OR CLICK HERE

JUNIOR MULTI ACTIVITY DAYS £60.00 PER DAY	JUNIOR SAILING TASTER £30.00	JUNIOR PADDESPORT UK (MULTICRAFT) TASTER £30.00	JUNIOR PADDESPORT SUP TASTER £30.00	JUNIOR GO ROW TASTER (AGE 11+) £30.00	JUNIOR OFF ROAD BIKING £30.00
Tues 17 Feb Wed 18 Feb Thurs 19 Feb 09:30-15:30	Tues 17 Feb Thurs 19 Feb 13:00-15:00	Mon 16 Feb Wed 18 Feb Fri 20 Feb 09:30-11:30	Tues 17 Feb Thurs 19 Feb 09:30-11:30	Mon 16 Feb Fri 20 Feb 12:30-14:30	Mon 16 Feb Wed 18 Feb Fri 20 Feb 13:00-15:00
A day experiencing a variety of the different activities offered at LSAC. A range of wet and dry activities daily (weather dependent). Individual days to be booked.	A two-hour introduction to sailing for juniors, no experience needed. Enjoy the experience of sailing on the water and pick up basic boat handling skills.	A two-hour introduction to paddeport crafts such as canoes, kayaks and stand-up paddleboard. This taster introduces techniques needed to get you on your way towards enjoying aspects of paddeport.	A 2-hour introduction to paddeport Stand-Up Paddleboard. This taster introduces techniques needed to get you on your way towards enjoying aspects of paddeport.	An Introduction to Rowing for Juniors. Learn the basics to help you on your way to Rowing.	Develop your ability on an off-road bike using gears and managing different terrains.

Did you know we have a range of facilities on site:
Cafe
Changing Rooms incl showers
Classrooms
Meeting Rooms

For further information or to make a booking please scan the QR code, email sailing_centre@leeds.gov.uk or call our customer services team on 0113 3760398
Promotion for activities at Leeds Sailing & Activity Centre only. Participant waiver must be completed prior to starting activity.

What Parents & Educators Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

On messaging apps, social media and online games, group chats are one of the most popular ways that children connect. Group chats allow messages, images and videos to be shared in one place and help friendships flourish; however, they also come with a number of risks.

TEASING AND BULLYING

Children of all ages are keen to fit in socially, and group chats can sometimes complicate that process. While group chats can foster connection, they can also give way to mean comments or jokes at someone's expense, especially when others join in for laughs. When bullying happens publicly, in front of friends and classmates, it can intensify the emotional impact – adding to embarrassment, anxiety and feelings of isolation for the child being targeted.

UNKNOWN MEMBERS

Children often can't control who is added to a group, which can lead to privacy concerns. Sharing personal details in group chats can be dangerous, and children have no control over what others do with the material they send. Some members of the chat might even decide to use such information maliciously.

PEER PRESSURE

Children may feel they have to constantly stay engaged just to be included and keep up with the conversation. In some cases, they might partake in inappropriate behaviours – like sharing explicit photos, jokes or teasing – just to fit in. Group settings can also encourage children to act in ways they normally wouldn't, or stay silent when they know something is wrong, out of fear of being excluded. Some children may find it difficult to leave toxic group chats.

INAPPROPRIATE CONTENT

Some group chats may include inappropriate language or imagery. Even if a child isn't actively participating in the conversation, they may still be exposed to this content simply by being part of the group. Some apps have disappearing messaging features, where content is only available once or for a few seconds, which makes it harder for children to report something they've seen.

EXCLUSION AND ISOLATION

Exclusion in group chats is common and can take several forms. Sometimes a new group is created specifically to leave one child out on purpose. In other cases, the chat may happen on an app that a child doesn't have access to, making it impossible for them to join in. This can cause feelings of being left out – even unintentionally.

VIDEO AND LIVE CHATS

Many popular apps allow children to engage in live streaming with interactive chats or have group video chats. Anyone can be added to these streams, and often children tag peers in the comments and have conversations which are unmoderated. There's a risk of being exposed to inappropriate or violent content and offensive language, either in the group videos or via the group chats.

Advice for Parents & Educators

CONSIDER OTHERS' FEELINGS

Group chats can become an arena for children to compete for social status. Help children consider how people might feel if they behave unkindly. If a child does upset someone, encourage them to reach out, show empathy and apologise for their mistake.

SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded. Instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being bullied.

SET SOME GROUP CHAT RULES

Discuss safe group chat practices, such as asking a peer for consent before adding them to a group chat, or leaving a group chat if a stranger is added. Tell children that if they're added to a group they didn't agree to beforehand, it's OK for them to leave immediately.

PRACTISE SAFE SHARING

It's vital for children to be aware of what they're sharing and who might potentially see it. Ensure they understand the importance of not revealing personal details – like their address, their school, or photos they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up or how it might be used.

BLOCK, REPORT AND LEAVE

If a child encounters inappropriate content or feels uncomfortable in a group chat, encourage them to block and report the sender and leave the group. Make sure children know it's OK to leave a group chat if they feel uncomfortable or unsafe.

SILENCE NOTIFICATIONS

Being bombarded with notifications from a group chat can be an irritating distraction – especially if it's happening late in the evening. Explain to children that they can still be part of a group chat while disabling notifications. In fact, it would be healthier for them to do so, helping them avoid the pressure to respond immediately.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at 8CyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and online behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Celebrate Kindness with us
and enjoy the

Food you Love

Main Menu

Fish Goujons
with Lemon Mayonnaise (H)

Cheese & Tomato Pastry Hearts (V)(H)

Tuna Mayonnaise Bap (H)

Herby Diced Potatoes (VE)(H)

Peas & Sweetcorn Mix (VE)(H)

Delicious Desserts

Strawberry Mousse
with Mini Shortbread
or
Fresh Fruit

WEDNESDAY 11TH
FEBRUARY 2026

BE KIND



PJ DAY

ON FRIDAY 13TH FEBRUARY
WE WILL BE HAVING A WHOLE
SCHOOL PJ DAY!

BRING A £1 DONATION TO OUR
BED CHARITY - ZARACH, AND
YOU CAN COME TO SCHOOL IN
YOUR PJ'S



we

Need Your help!

As part of making our playtimes more exciting for all our children, we are on a mission to collect anything and everything we can for them to play with. Are you planning to have a clear out before Christmas? Please keep us in mind

We would really appreciate donations of the following things:

Gardening things

Den Building Equipment

Mud Kitchen

Things to make music outside

Water Play

'Wheels' Scooters, go karts etc

Sand-Pit

Dressing up clothes and accessories

Small World

Construction Toys





Sign up today

Get involved and help us brighten children's lives in Leeds
EVENT:

Welly Walk

Saturday 28 March

Join us for our first ever woodland walk to support children in Leeds 🌈

📍 Lineham Farm | 🕒 11am–3pm | 🚶 5K walk

Walk through Lineham Farm's woodlands, where every step helps provide life-changing residential breaks and activity days for children.

Entry fee contributes towards your fundraising total: £5 per adult £2 per child.

Every participant receives a delicious edible medal and a souvenir certificate to celebrate completing the walk! 🎉

For more information and to **sign up**, scan the QR code or visit our website at www.leedschildrenscharity.org.uk/events



**Leeds
Children's
Charity at
Lineham Farm**

TUESDAY 10 FEBRUARY, 7PM - 8PM

eduthing.co.uk

CLICKING WITH CONFIDENCE: HELPING CHILDREN STAY SAFE ONLINE

FREE Parent & Carer Online Safety Webinar

eduthing
IT Services for Education

in conversation with

SCREENSAFE

We are excited to again be celebrating the upcoming Safer Internet Day by hosting a virtual parent & carer support session with Anna Sarjantson, ScreenSafe and experts from the eduthing Professional Learning team, and you're invited!

Join us in conversation as we explore the best ways to support our children and young people navigating the online world covering topics such as:

- Q Artificial Intelligence - What to know and how to support your children and young people
- Q Resources to facilitate discussion with children and young people on online safety
- Q Top Tips and Tricks for Parents & Carers
- Q Particular Apps or Features to be aware of!
- Q Interactive Q&A Session



ABOUT SCREENSAFE

I started Screen-Safe to help more parents, carers, teachers and anyone working with children, have access to support, the information they need now and the tools they need for the future when it comes to keeping our children and young people safer online. As a parent myself, I know just how challenging and sometimes, overwhelming it can be to navigate the digital world our children are growing up in. The online world can provide incredible opportunities but also some serious risks, especially where children are concerned.

We want them to be able to recognise the risks, be able to call out fake profiles or misinformation and have the confidence to say NO and get away from anything or anyone online that doesn't feel right or safe to them.



ABOUT EDUTHING

eduthing are a leading technology provider to schools across the UK. As well as providing technical support to ensure teaching and learning runs smoothly, eduthing work with teachers, parents, carers and students with Computing, EdTech and Online Safety support and workshops.



We are passionate about ensuring the safety of children and young people when they experience the online world and immerse themselves in a safe and measured way.

SESSION REGISTRATION

Click here to register for the upcoming session:

<https://eduthi.ng/SIDW-2026> Please note that this is a live session.

