



Friday 12th December 2025

Absence Reporting Please report your child's absence to the school office via telephone or via text message to **07891 274 260**

SCHOOL DAY REMINDER

Please can we remind families and pupils that the normal school day begins at **8.45am** and the gates will open automatically at **8.30am** (no need to press the buzzer). If the gates do open for children in boosters, visitors or staff before this time please remain at the gates and do not enter the playground. Many thanks



AUTUMN 2 DIARY DATES

Please find below a list of events that will be taking place during this term;



- 11.12.2025 Christmas Jumper Day**
- 11.12.2025 KS2 Christmas Sing along 9.15am & 2.15pm**
- 12.12.2025 FOPS Secret Sant Wrapping**
- 15.12.2025 KS1 Christmas Performance 9am and 1.45pm**
- 16.12.2025 Christmas Lunch**
- 16.12.2025 BOW nursery & Year 6 Christmas Parties**
- 17.12.2025 EYFS Christmas Performance 9am and 1.30pm**
- 17.12.2025 Y6 Dobroyd**
- 17.12.2025 Y5 Space Showcase 2.30pm**
- 19.12.2025 Class Christmas Parties**
- 19.12.2025 Term Ends**

SECRET SANTA

Today we have been wrapping Secret Santa gifts! The children have really enjoyed choosing and wrapping their own gifts. If your child wasn't at school for the wrapping, we have these gifts in the office for you to collect next week.



CHRISTMAS CARD POSTBOX

In the office we have a Christmas card post box. Children are invited to write Christmas cards for their friends and **classmates**. Please make sure the class name is on the envelope and our very own elves will deliver the post to the classrooms!



VOLUNTEERS

WE NEED YOU! We are looking for parent volunteers for our amazing Year 5 trip to Jorvik on **Monday 26th January**. If you are able to help, please contact the office or email year5@parkspringprimary.co.uk.



YEAR 6

Year 6 had reception reading buddies this week again. They loved going down and reading to the children and the reception children loved seeing them. We will hopefully be doing the same again next term!



YEAR 3

Year 3 had their drumming performance to parents this week and they did really well. They have been having drumming lessons with Mr. G since September and had the opportunity to showcase all of their skills to their families. Well Done Year 3 on trying really hard and parents loved their performances'





Park Spring Primary School

'Achieving Together'



Headteacher: Mrs R Horan
Swinnow Lane, Leeds LS13 4QT tel: 0113 2552526 email: office@parkspringprimary.co.uk

ART CLUB

We have enjoyed our Monday Art Club in Year 1 and 2. Each week we have used a book to inspire our art! In our last week we made snowy window scene Christmas cards. We're proud of our creations!



KS2 PERFORMANCES

Yesterday we held 2 performances of our Christmas Sing-along for years 3 to 6. Thank you to all the families who attended, the children loved performing to you all and sang beautifully. We hope you are now all feeling very festive!



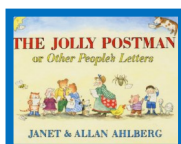
ROCK STEADY

On Wednesday our Rock Steady children put on a fantastic concert for their families in the school hall. They showcased what they had been learning in their weekly lessons. Well done everyone you truly ROCKED!! If you would like to sign your child up for the rock steady programme starting next term, your child should have come home with a leaflet on how to sign up.



RECEPTION

Last week we read The Jolly Postman and The Jolly Christmas Postman. The children had a wonderful time creating their own Christmas cards and posting them in our Reception post box. We also had a special visit from a librarian from the local library, who came to read us a story!



YEAR 1

Year 1 have had a great time with our cooking curriculum and our current unit, 'Bring on Breakfast'. We have looked at the different things that we can eat for breakfast and had the chance to taste lots of different types of fruit; peaches, strawberries, pineapple, blackberries, bananas, raisins and raspberries. We have then used the fruits that we liked best to make Breakfast pots with fruit, yoghurt and granola. We even got to eat the Breakfast pots- delicious!



OPAL

At PSPS we are incredibly aware of the benefits of fresh air and play breaks - we are aiming for healthy, active children that are ready to learn - and our play times are perfect for ensuring this. As such we aim to go outside as often as is possible and safe. Where we have light rain showers we will be going out - staff are trained to make a call for returning inside if this would lead to overly damp clothing and children being uncomfortable for the remainder of the day.



As such good outdoor coats are **ESSENTIAL** to keep your child/ren warm and dry over the coming months.

In February we are launching our Outdoor Play and Learning programme. If you wish to get ahead of the game Welly Boots will become part of our **ACTIVE WEAR UNIFORM** from the 2nd February.



Please feel free to send your child with waterproof trousers also if you think that your child requires them, whilst not initially part of our active uniform they certainly do provide extra protection.

If your child does get too wet please remind them that an adult will always find spare clean clothing for the remainder of the day.



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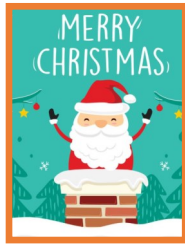
Headteacher: Mrs R Horan

tel: 0113 2552526

email: office@parkspringprimary.co.uk

NURSERY

It is really Christmassy in Nursery this week; we have lots of tinsel up and decorations in the windows. Junior and Laveyah brought some beautiful baubles into school for us to use so we even decorated a Christmas tree together. We have also continued to learn our Christmas Songs ready for our special performance. Yesterday we made some beautiful snowmen out of cotton wool! Well done everyone, they were amazing!



YEAR 5

If you haven't signed your Year 5 child up for the Jorvik trip in January, please go onto the Arbor app and sign them up.



CHRISTMAS JUMPER DAY

Thank you to all the children who came to school yesterday in their Christmas jumpers. They all looked very festive! We raised **£160.52** for Save the Children.



Save the Children

CHRISTMAS PARTIES

On Tuesday 16th December BOW nursery and Year 6 have their class parties. Please pay your £1 on Arbor for your child's party plate. Children can come dressed in their party clothes but bare in mind they will be in them all day.

On Friday 19th December the rest of the classes have their class parties, please go onto Arbor and pay £1 for your child's plate. Children can come dressed in their party clothes but bare in mind they will be in them all day.



CHRISTMAS

We are going in to the last week of school before the Christmas holidays and there are still lots of events coming up in the last week.



15.12.2025 KS1 Christmas Performance 9am and 1.45pm

16.12.2025 Christmas Lunch

16.12.2025 BOW nursery & Year 6 Christmas Parties

17.12.2025 EYFS Christmas Performance 9am and 1.30pm

17.12.2025 Y6 Dobroyd

17.12.2025 Y5 Space Showcase 2.30pm

19.12.2025 Class Christmas Parties

19.12.2025 Term Ends

Please go to Arbor and the school shop to pay for your Christmas Party Plate for the Christmas Parties.



CHRISTMAS PERFORMANCES

Don't forget the KS1 Christmas performance is on **Monday 15th December** at 9am or 1.45pm and the EYFS Christmas Performance is on **Wednesday 17th December** at 9am or 1.30pm.



SCOOTERS AND MOBILE PHONES

No children or adults should be riding bikes or scooters in the school grounds please make sure you are pushing them through the playground, we don't want any accidents.

Also please **do not** use mobile phones on the school grounds. Please put them away before you enter the gate—this is for safeguarding reasons.



Festive Feast

16 DECEMBER 2025

Roast Turkey or Vegetarian Sausage
with all the trimmings

Yorkshire Pudding
Sage and Onion Stuffing

Mashed Potatoes and Roast Potatoes
Seasonal vegetables and Gravy

Delicious Desserts

Chocolate Ice Cream Sundae
served with Gingerbread Festive
Treat
or
Fresh Fruit or Yoghurt





Year 5

Invite you to our



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SPACE SHOWCASE

2:30pm on Wednesday 17th December.

WE HAVE BEEN
LEARNING LOTS ABOUT
ALL THINGS SPACE AND
WOULD LOVE TO SHARE
OUR 'OUT OF THIS
WORLD' LEARNING
WITH YOU.



Achieving Together • Inspired To Be Successful

we

Need Your help!

As part of making our playtimes more exciting for all our children, we are on a mission to collect anything and everything we can for them to play with. Are you planning to have a clear out before Christmas? Please keep us in mind

We would really appreciate donations of the following things:

Gardening things

**Den Building
Equipment**

Mud Kitchen

**Things to make music
outside**

Water Play

**'Wheels' Scooters, go
karts etc**

Sand-Pit

**Dressing up clothes
and accessories**

Small World

Construction Toys



PARK SPRING PRIMARY

OPEN EVENING

THURSDAY 6 NOVEMBER 2025
6PM

We would like to invite
families of children who will
be starting Reception in
September 2026 to our open
evening!

WE ALSO HAVE SOME GUIDED TOUR
DATES AVAILABLE WITH OUR SENIOR
LEADERSHIP TEAM:

- MON 10 NOVEMBER @ 9:30AM
- MON 17 NOVEMBER @ 1:30PM
- THUR 27 NOVEMBER @ 9.30AM
- WED 3 DECEMBER @ 1:30PM
- FRIDAY 9 JANUARY @ 9:30AM

**PLEASE CALL 0113 2552526 OR EMAIL
OFFICE@PARKSPRINGPRIMARY.CO.UK**





The Yorkshire and Humber
Paediatric Critical Care
Operational Delivery Network

NHS

**martha's
rule**

detecting deterioration

The Yorkshire & Humber Pilot

In 2024, NHS England selected us to lead a Martha's Rule pilot across our regional network, which covers 14 NHS Trusts that care for children and young people.

The pilot's goal is to develop a shared set of principles for implementing Martha's Rule in each hospital, allowing flexibility based on individual Trust resources.

Our Pilot Team



Dr Ben Richardson
Clinical Lead for Martha's Rule

Hannah Stacey

Regional Martha's Rule
Engagement Lead



Gemma Bradley

Lead Nurse & Network Manager
for the Y & H PCC ODN

Who is Martha?

Martha Mills died in 2021 from sepsis after being treated for a pancreatic injury at King's College Hospital. Despite her family's concerns about her worsening condition, Martha wasn't moved to intensive care early enough.

In 2023, a coroner ruled that earlier intervention could have saved her. Following this, Martha's parents campaigned for change, leading NHS England and the Department of Health to introduce 'Martha's Rule'.

What is Martha's Rule?

Martha's Rule (sometimes called Call for Concern) gives patients, families, and caregivers the opportunity to take action if you feel you or a loved one is becoming more unwell and your concerns are not being listened to. You know yourself or your loved one better than anyone else and therefore may be the first to notice a change in their condition.

We Need Your Voice

Whether you've been in hospital or not, your experience matters to us. We want to hear directly from patients and families to understand what actually works for you and what you think hospitals need to put in place to support you to raise your concerns in the future? We particularly want to listen to voices that often go unheard.

Your feedback will help Trusts across the region make Martha's Rule clearer and easier to use. Everything we learn will also be shared with NHS England to help improve Martha's Rule for everyone.

Get Involved

Scan the QR code or email: Hannah.stacey@nhs.net



The 12 Online Safety Tips of Christmas

FOR CHILDREN WITH NEW DEVICES

Christmas is almost upon us once again, and soon some lucky children will be excitedly tearing the wrapping off a new mobile phone, tablet or games console. For some of them, it will be the first time they've owned a device that connects them to the online world. Even for older children, a new device means new corners of the digital landscape to explore – and, unfortunately, new risks to be aware of.

We've put together our top tips so that you can guide your young ones in enjoying their new digital gifts safely and responsibly throughout the year to come. Merry Christmas!

1. ALWAYS SET A PASSWORD

If your child's new device has a password protection feature, use it! It'll help to keep their private information safe and will deny others access to their device without permission. Your children's passwords should be something memorable to them – but something which other people can't guess (it's also a good idea for parents to write it down in case it gets forgotten!).

2. SET UP 'PARENTAL CONTROLS'

This really is an essential when your child gets a new device, so they're protected from the outset. Most phones, tablets and consoles allow you to customise their settings to determine which games your child can play, how they can communicate (and who with), what content they can access and so on. It will give you peace of mind that they can't inadvertently do something they shouldn't.

3. PAY ATTENTION TO AGE RATINGS

One of the first things children want to do with any new device is play games and explore apps. Before they download anything or install a new console game, check its age rating. Many popular games and apps have content that's not suitable for younger ages. The safest long-term solution is to adjust the device's settings so they can only download and use games and apps appropriate for their age.

4. KEEP NUMBERS AND DEVICES PRIVATE

Make sure your child understands that they should never share their phone number with someone they don't know or accept a friend request from them. They should also appreciate that it's a good idea to mainly keep their device out of sight, never lend it to a stranger, and never put it down somewhere that other people could steal it or take it to use without asking.

5. HAVE 'THE MONEY CONVERSATION'

Before your children start using their new device in earnest, talk to them about in-app purchases and other ways that money might be spent through their device. Once they understand, you might want to agree on a spending limit and reassure them that they can come to you if they're uncertain, or if they have made a purchase by accident.

6. DISCOURAGE DEVICE DEPENDENCY

Of course, children who've just got a new device will naturally want to spend as much time on it as possible. But whether they're tapping bad guys, watching videos or connecting with friends, it's easy for them to get attached very quickly. Gently remind them that having family time, going outdoors and getting some exercise are still fun, too. And the device will be there when they get back.

7. EXPLAIN SECURE WIFI NETWORKS

Your home WiFi is protected by a password that only your family knows, whereas public networks (like those found in coffee shops, for example) can be accessed by anyone. It's important that your child grasps this difference because, if they're using a portable device on an unsecured network, then a hacker could access their personal information without them even knowing.

8. LIMIT SCREEN TIME

Using a device for too long, especially just before bed, can interfere with a child's sleep quality and reduce their concentration and overall enthusiasm. It might be helpful to agree on certain times of day when they don't use their device. Most devices' settings let you specify a screen-time limit, helping your child to stay fresh and focused in order to perform well at school.

9. ONLY PAIR WITH KNOWN BLUETOOTH DEVICES

Your child may want to connect to another device via Bluetooth, so they can listen to music wirelessly or share pictures and videos with nearby friends. But if they use Bluetooth to link with a device that they don't know, they're at risk of a stranger being able to see their personal information or having someone transmit a virus onto their device.

10. TURN LOCATION SETTINGS OFF

It's safest to disable the device's location services (if it's a portable device) so your child doesn't inadvertently make other people aware of where they are. You can usually do this via the device's privacy control settings. Turning location settings off not only means your child's whereabouts can't be tracked by others, it also significantly extends battery life.

11. STAY AWARE OF THE SURROUNDINGS

It's quite common to see adults not looking where they're going while engrossed in their phone. Children are even more easily distracted. In some cases, children have been hit by cars or cyclists because they were staring at their device and lost track of where they were. Remind your child that screens and walking don't mix. If they need to use their device, they should stop in a safe place first.

12. BE THERE IF THEY NEED TO TALK

Even when you've made a device as secure as you can, there's still a possibility of your child seeing something that bothers them, or someone they don't know attempting to contact them. If this happens, listen to their concerns, empathise and reassure them. Once they've explained what happened, you can decide if you should take further action like blocking or reporting another user.