



# PSHE- Year 4- Keeping safe, managing behaviour and risk –playing safe

## Key Vocabulary

1. Age rating / classification
2. Appropriate - something that is right in that situation.
3. Inappropriate - something that is not right in that situation.
4. Safe - something which involves no risk or a low level of risk.
5. Unsafe - something that involves a higher level of risk.
6. Emergency - a dangerous situation which was not expected.
7. First aid - the actions that people can take to keep a person alive whilst waiting for medical help.

## Important Questions

How does your mind feel when you have not had enough sleep? How does your body feel when you have not had enough sleep? Do you find it easier or harder to sleep straight after being on a phone, laptop or games console?

## Key Points I will learn

1. Know that games and films have an age rating.
2. Know why some films and games are not appropriate for children to play.
3. To know whether a game is suitable for you to play and give reasons why.
4. Identify the level of risk involved in different activities in the local community.
5. That sometimes you might be pressured into doing something which doesn't feel safe.
6. How to respond to unhelpful pressure.
7. What to do in an emergency situation.
8. Some simple first aid procedures.

