









Books Books also online in planning	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6		
Autumn 1 Mindmate	Being the same & being different: Being the same and being different- I know the people in my class are all different	Being the same & being different: Beginning to understand empathy- I understand that my friend might have different feelings to me	Being the same & being different: Differing opinions- I accept that my friends and I might have different opinions	Being the same & being different: Know actions affect themselves and others- I know that discrimination can hurt people's feelings	Being the same & being different: Stigma- I can describe stereotyping	Being the same & being different: Body image/social media- I can listen and talk in difficult discussions		
Autumn 1 PSHE	Identity, society & equality Me & others It's OK to be different by Todd Parr	Careers, financial capability and economic wellbeing My money (Maths / Summer Fair) My rows and piles of coins	Identity, society & equality Celebrating differences The Hueys in the new jumper, Oliver Jeffers	Careers, financial capability and economic wellbeing Saving, spending and budgeting What helps me choose?	Identity, society and equality Democracy (Links to school council elections) The day gogo went to vote, Elinor Batezat Sisulu	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia) The sissy duckling Beegu	Careers, financial capability and economic wellbeing Borrowing and earning money One Hen by Katie Smith Milway	Identity, society and equality Human rights The unforgotten coat, Frank Cotreel Boyce
Autumn 2 Mindmate	Feeling good & being me: Recognise feelings- I can talk about how I'm feeling	Feeling good & being me: Celebrating strengths- I'm good at...and I am trying to get better at...	Feeling good & being me: Celebrating strengths- I'm good at...and I am trying to get better at...by setting myself a simple target	Feeling good & being me: Celebrating strengths- I can use a range of words to describe my feelings	Feeling good & being me: Self belief- I can do...	Feeling good & being me: Self integrity – I can stay true to myself despite external pressures		
Autumn 2 PSHE	Physical health and wellbeing Fun times Acker Backer Boo!	Physical health and wellbeing What keeps me healthy? Burger boy, Alan Durant	Physical health and wellbeing What helps me choose? Oliver's vegetables by Vivian French	Physical health and wellbeing What is important to me? The boy with square eyes,	Physical health and wellbeing In the media (Alright Charley) The wizard and the ugly book of shame	Physical health and wellbeing Recap from previous years – tailor to needs of each class.		
Spring 1 Mindmate	Solving problems: Setting goals and targets- I can work and play well in a small group	Solving problems: Not giving up/perseverance- I understand it is important to keep going when something is tricky	Solving problems: Dealing with difficult situations- I can work with different people in my class	Solving problems : Coping with difficult situations- I can cope with difficult situations	Solving problems: Talking it through; restorative justice- I can support my friends when things go wrong	Solving problems: Winning; what does it take?- I can look after my mental health		
Spring 1 PSHE	Keeping safe and managing risk Feeling safe Dinosaurs beware! A safety guide BY Marc Brown	Keeping safe and managing risk Indoors and outdoors (Lighter nights) Dinosaurs beware! A safety guide BY Marc Brown	Keeping safe and managing risk Bullying – see it, say it, stop it Leave me alone	Keeping safe and managing risk Playing safe Way home	Keeping safe and managing risk When things go wrong	Keeping safe and managing risk Keeping safe - out and about Miracle on separation street		
Spring 2 Mindmate	Strong emotions: Recognise what is fair/unfair, right/wrong- I know when someone is being unkind, including myself	Strong emotions: Strong emotions- I can talk about what makes me feel sad	Strong emotions: Introducing strong emotions, including anger- I know it's ok to feel strong emotions sometimes	Strong emotions: Resisting pressure- I can stand up for myself without hurting others	Strong emotions: Strong emotions and mental health- I know what mental health is	Strong emotions: Happiness- I have a good understanding of emotional wellbeing		
Spring 2 PSHE	Mental health and emotional wellbeing Feelings Angry Arthur, Haiwyn Oram Always and forever by Alan Durant	Mental health and emotional wellbeing Friendship Relates to Anti-Bullying week I'm not invited, Diana Cain Bluthenthal	Mental health & emotional wellbeing Strengths & challenges Wonder Goal!	Mental health & emotional wellbeing Recapping 3x lessons from previous years – tailored each year to what the children need.	Mental health and emotional wellbeing Dealing with feelings Seal surfer, Michael Foreman The heart and the bottle	Mental health and emotional wellbeing Healthy minds Finding a voice – friendship is a two-way street, Kim Hood		
Summer 1 Mindmate	Friends & Family: Recognise how others show feelings & know how to respond- I know when my	Friends & Family: Impact of behaviour on others- I know that what I say and do can affect my	Friends & Family:	Friends & Family: Skills to maintain and keep positive relationships- I can describe a healthy	Friends & Family: Unhealthy friendships and relationships- I can describe an	Friends & Family: Celebrating friendship – I can talk		

	friends are feeling happy	friends	Family and friends- I understand that when I am unkind it impacts on others	relationship	unhealthy relationship	about I maintain positive relationships
Summer 1 PSHE	RSE  Boys and girls, families Once there were giants, Martin Waddell	RSE  Boys and girls, families The great big book of families, Mary Hoffman	RSE Education Growing up and changing 	RSE  Growing up and changing What's happening to me (girls), Susan Meredith What's happening to me (boys), Alex Frith	RSE  Healthy relationships / How a baby is made	Sex and relationship education  Healthy relationships / How a baby is made
Summer 2 Mindmate	Life Changes & Transition: New school/class- I understand that talking about my feelings can help	Life Changes & Transition: Loss; losing loved object/person/pet- I can talk about feeling sad when I have lost something	Life Changes & Transition: Life in KS2; new faces/new routines- I am learning to handle change	Life Changes & Transition: Positive and negative effects on emotional wellbeing and mental health- I am learning to accept that I will feel a wide range of emotions depending on the	Life Changes & Transition: Aspirations to manage change positively- I am seeing changes in a more positive light	Life Changes & Transition: Moving on- I can talk about changes I am looking forward to
Summer 2 PSHE	Drug, alcohol and tobacco education  What do we put into and on to bodies?	Drug, alcohol and tobacco education  Medicines and me Nice or nasty? By Claire Llewellyn	Drug, alcohol and tobacco education  Tobacco is a drug	Drug, alcohol and tobacco education  Making choices	Drug, alcohol and tobacco education  Different influences	Drug, alcohol and tobacco education  Weighing up risk

 The red flag demarcates lessons which link directly to safeguarding