



Subject Map: Cooking & Nutrition Y1-Y6 coverage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1		Bring on Breakfast (6 hours) <i>Learn about healthy eating</i>				
Year 2					Party Time (6 hours) <i>Making food for a party</i>	
Year 3				Get Baking (6 hours) <i>Learn how to make bread</i>		
Year 4			Lovely Lunch (6 hours) <i>Making a sandwich for lunchtime</i>			
Year 5	Serve a salad (6 hours) <i>Design a salad for lunch</i>					
Year 6						Grab and Go (6 hours) <i>Designing a product to be eaten on the go</i>