

## **Park Spring Primary School**



'Achieving Together'

Swinnow Lane, Leeds LS13 4QT

Headteacher: Mrs R Horan

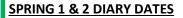
tel: 0113 2552526 email: office@parkspringprimary.co.uk

#### Friday 26th April 2024

Absence Reporting Please report your child's absence to the school office via telephone or via text message to 07891 274 260

#### SCHOOL DAY REMINDER

Please can we remind families and pupils that the normal school day begins at **8.55am** and the gates will open automatically at **8.45am** (no need to press the buzzer). If the gates do open for children in boosters, visitors or staff before this time please remain at the gates and do not enter the playground. Many thanks





Please find below a list of events that will be taking place during this term. 06.05.2024—May Bank Holiday—School Closed 16.05.2024—Madhatters Tea Party Lunch Menu 21.05.2024—Reception & Year 6 Photos 24.05.2024—Reception & Year 6 Photos 24.05.2024—May Half Term 03.06.2024—School Opens 20.06.2024—School Opens 20.06.2024—Sports Day 28.06.2024—FOPS Summer Fayre 22.07.2024—Training Day 23.07.2024—Training Day

#### **MOMENTS MATTER, ATTENDANCE COUNTS!**

School attendance is so important for your child's future. If your child is feeling a little under the weather, but has not been sick or has a high temperature, please bring them to school. We will monitor them and call you if absolutely necessary. We find that children are occupied at school and soon forget about any minor illnesses.



#### YEAR 5

Last week, our spirited students embarked on an unforgettable journey through the stunning moors of Swale Dale, soaking in the vast landscapes and vibrant wildlife. The adventure began with a brisk walk across the moors, where every turn offered a new vista and a fresh breath of the countryside.

As the sun dipped below the horizon, the crackling campfire became the heart of our evening. Gathered around its warm glow, the students engaged in lively games and faced off in Mr. Barker's thrilling quiz. The night echoed with cheers and giggles, forging memories that will last a lifetime.

Our exploration continued with a scenic river walk to the quaint Reef Village. Laughter and chatter filled the air as we meandered along the



river's edge, leading us to a well-deserved treat at the local shops in Reef. The students enjoyed a moment of delight, choosing from a variety of sweets and snacks that refuelled their energy for the next adventure.

This trip was not just a walk through nature but a journey of learning, laughter, and camaraderie. It reminded us all of the joy of exploration and the bonds we build along the way. Thankyou to all the families that made our trip possible. Thanks to Leeds Well Sports Partnership for loaning us walking boots, rucksacks and waterproofs, and of course a MASSIVE THANKS to ALL the staff that went along – WE really are blessed with your skills, energy and enthusiasm!!! Until our next adventure!



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#### NURSERY

Nursery have been very busy this week growing their magic beans and are very proud of them.

We have also been outdoors practising our positional language. This is us ON the bridge !





#### YEAR 2

Year 2 have been really lucky this week because our Skipping school coach Katie has been in again to show us some tips and tricks



needed to make a fantastic skipper. The children worked really hard having a go at some really hard skips. In June some children will get to show off their skills at a skipping festival!





#### **FRIDAY REMINDER**

Please be reminded that on Friday mornings there are no boosters and ICT is closed. All the staff are in meetings and therefore, unless you are booked into Breakfast club, please do not drop your children off before the gates open at 8.45am. Many thanks.



# MAY HALF TERM LIDAY CLUB ACTIVITIES FOR

per day with Early Bird

FUN

PACKED

DAYS



May clubs are just £17 per day until 9am on To book clubs...

For Kids

Aged

5 to 11

\*Bookings after this date will be priced at £19 per day

20/05/2024.

If you'd like your child to remain active, make new friends and have a blast, then simply visit www.pepartner.co.uk. Don't forget, you need to log in or create an account to book a club.

# Madhatters Tea Party

Don't be late for a very important date!

## Thursday 16<sup>th</sup> May 2024

Selection of Sandwiches Served in a soft finger roll, with a choice of fillings Cheese (v), Tuna Mayonnaise or Egg Mayonnaise (v)

Pizza Bites (v)

.....

Pork Cocktail Sausage or Vegsn Cocktail Sausage (ve)

Plain Crisps

.....

Carrot Batons

.....

Chocolate Viennese Fingers

.....

Fresh Fruit

.....

**Drink me Potion** 

(Apple and blackcurrant Squash)

Wrong way

This way

That way

# Online safety Workshop factsheet



- Who they're talking to

   This includes grooming and cyberbullying
- What they're seeing

   Innocent searches can lead to not so
  - Innocent searches can lead to not so innocent results
  - Children are often a few clicks away from inappropriate/harmful content
- What they're 'oversharing'
  - Personal information, location and nude images/videos
  - Remember that when young people share online, it may never be fully private

#### Signs of online abuse

- Children may not know what's happening to them, so the signs may not always be obvious
- Sudden, unexplained changes are usually an indication that something's wrong
- Consider what's age-appropriate for your child

#### A child's experience online

- Remember to focus on what your children are doing online, not how long they spend online
- The apps and games they're using can be multi-use and the risks can lie in these features, eg a game can have chat features and chat apps can have games
- The things children like to do offline are the same as online, and the same can be applied in keeping them safe

#### Top tips for staying safe online

NSPCC

- Talk with your child about online safety
- Explore their favourite apps, sites and games, and look at the safety features, together
- Make going online a family activity where you support each other

#### Practical advice

- Keeping younger children safe online:
  - Supervise what they're doing
  - Check games and videos before they watch and play
  - Turn off autoplay settings
  - Put safety settings on their apps and games
  - Agree rules and boundaries together using the NSPCC family agreement
- Keeping older children safe online
  - Ask them what they like to use online and set these things up safely together
  - Use the latest app challenges, like TikTok dances, as a chance to explore together
  - Watch the Childline's YouTube channel films
  - Be realistic with rules, setting ones which you could follow as well
  - Remind them where they can go for support if something worries or upsets them

#### Getting support for you and your child

- Share knowledge with other parents/carers
   What apps and games young people use
- Share tips
  - How do other parents keep their child safe online?
- Share supervision
  - Take turns supervising and supporting your child and their friends when they're online, just like you would if they were at each other's houses

#### Top tips for talking with your child:

- Always start with the positives. Ask your child to show you what they like doing online as this will show your child that you care about what they enjoy and don't always focus on the risks
- Make sure they know the basics to stay safe online, eg how to report and block
- Explore apps and games together so you understand the apps they like to use and can make them safe to use, together
- Remind them they can always come to you or Childline for support about anything

#### EVERY CHILDHOOD IS WORTH FIGHTING FOR

ONSPCC 2021. National Society for the Prevention of Cruelty to Children Registered charity England and Wales 216(02). Social and SC037717. The children and adults pictured are models. Photography by Tom Huit. J20202 300.

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NSPCC

The Bee Hub

School

Starters

Meet up

## **Book via Website**



Tuesday 20th August Thursday 22nd August Tuesday 27th August Thursday 29th August

Please check our website for dates / times for specific schools!

## The Bee Hub Unit 13E Springfield Commercial Centre Farsley, LS28 5LY





## What are Head lice?

Head lice are tiny insects that live in hair, they are a common problem, especially in children. Head lice are largely harmless, but if not treated they can be irritating and frustrating to deal with. Nits is a word used to describe the empty egg cases attached to hair that head lice hatch from.

## What are the symptoms of head lice?

Head lice lay small white eggs or nits (egg cases) often in the hair behind the ears or at the back of the neck. This can cause an itchy head and a rash on the back of the neck. Often people with head lice report feelings that something is moving in their hair.

## What do head lice look like?

Head lice are very small whitish or greybrown insects. They can be difficult to see even when looking closely. It is often the white eggs in the hair that can be seen.



## How do I protect me and my family?

Head lice and nits can usually be removed from the hair by combing wet hair regularly with a special fine-toothed comb which you can buy from a pharmacy or supermarket. Usually, you do not need to see a doctor.

### How to wet comb hair

Wash hair as normal and apply lots of conditioner. Comb the hair using the special fine-toothed comb from roots to ends for 10 minutes for short hair and up to 30 minutes for long or curly hair. You will need to repeat this every 4 days: on days 9,5 and 13 to remove any newly hatched eggs.

If wet combing has not worked and you can still see head lice or nits, you can try a special safe



treatment spray or lotion. Your pharmacist or Dr can advise you on the best treatment. Always check the pack to see if the treatment is ok for you or your child and follow the instructions on how to safely use these.



## Where to get treatment from?

Safe and effective treatment for head lice is available to buy from pharmacies.

If you live in Leeds and do not pay for your prescriptions you can get the treatment and comb for free from your local pharmacy.

If you need to access free treatment for a child who is not with you, you will need to provide their details and bring proof of their head lice. The easiest way to do this is to stick it to a piece of Sellotape and bring it to show the pharmacist.

## What should I do at home?

You may wish to wash your bedding and towels on the same day you start the head lice treatment. Check other family members hair frequently for signs of head lice as they spread easily. They may need to wet comb too.

Cleaning more than normal is not required.

## How do I stop the spread?

It is very difficult to stop someone catching head lice although regular wet combing can catch any head lice early.

Lotions and sprays do not prevent head lice and should only be used if a live louse has been found in hair.

You do not need to keep your child off school if they have head lice

### If you have questions about head lice, need support or treatment take this leaflet to your local pharmacy and they will be able to help you.

You can also ask your child's school for help, or bring this leaflet to the GRT drop in Wednesday 12-9pm Compton centre

If you cannot speak English, complete the section below and take to the pharmacy.

| Write child's name and age<br>below | Tick to confirm you have seen a<br>headlice |
|-------------------------------------|---|
|                                     |   |
|                                     |   |



BOOK YOUR CHILD'S PLACES VIA-WWW.GOWILDOUTDOORS.CO.UK

Forest School Provider THIS DEAL WILL END SOON!