

WINTER UPDATE 2023

We extend our heartfelt gratitude for your continuous support over the past months and years. As we reflect on our journey together, we are eager to share with you the comprehensive winter report that details the impact of your contributions and the transformative change we have achieved collectively.

It is always a busy time for all at Love the One. This year we had winter parties for over 550 children across our 3 different hubs and each one got a gift!

Sponsoring a child ensures a package of care to allow each child to not only survive but to really thrive. Thank you so much for supporting us! Please ensure to follow our journey on Facebook and Instagram on the 'Love the One' page where you can see all our day to day activities.

Education in LTO school and EPIC's:

Our greatest joy about our early paediatric Intervention Care (EPIC) for the 0-5s is to see very broken, sad and scared children being enrolled and graduating at the age of 5 as the happiest, fun loving, confident and healthy children.

The children at EPIC learnt about body parts in fun ways as it is vital for helping our little ones to know and develop: a sense of self awareness, body confidence and an appreciation for all the things that their bodies can do.

At Love the One EPIC we take childhood, children's health, wellbeing and education very seriously but that doesn't mean being formal, stuffy or strict; it means surrounding the children with stimulating activities and exciting opportunities for learning and having serious amounts of fun.

We're now in our official 9th year of running Love the One school and the transformation of the teaching ability and the nurturing nature of our team has been so exciting to watch. We've got a long way to go, the

journey has started, but it's a journey we believe has the potential to change the future for the next generation. As our school motto says, we are "Loving children and bringing learning to life!"

At Love the One, we believe in holistic care. That means not just education, not just health, not just welfare. It means all 3. Our LTO school teachers and support staff get to know each individual child, their family situation and their needs, so we can best support them. Teachers try to find out what each child's talents and passions are, so they can thrive and flourish and not just survive.

Our school is in the Odisha region of eastern India, where there are over 20 languages spoken. Our children are learning English, Hindi and Odia as well at Love the One school.

The children from 5th-10th class at Love the One school had an exposure trip to Odisha state Museum, Pathani Samanta Planetarium and Khandagiri caves and they all enjoyed it.

In the last month LTO school children had their PT2 exam and they all did very good and got very good results and teachers gave them positive comments to each.

[Child Care:](#)

At Love the One we believe that all children should have a future. That every child should be able to access their basic human rights, wherever they are born. Children who live well below the poverty line are at huge risk of hunger, physical and sexual abuse, dying in childhood from a lack of health care, staying illiterate and trapped in the poverty cycle. They need adults to help them, adults brave enough to stand up and intervene.

Working closely with local communities, Love the One have successfully established safe spaces as EPIC's, LTO School and CTC in the local communities where children are engaging in recreational activities, receiving emotional support and access educational resources. These safe spaces contribute to the holistic development of children in challenging environments.

Health Care:

Regular health check up organised by our clinic team to providing essential health services to all enrolled children by monitor their growth, deworm them when needed at Love the One as they are lack access to regular healthcare facilities in their communities and also help many children in the communities that also serve our centres.

Clinic team initiated health education programs in all our centres to raise awareness about preventive healthcare measures.

Our nurses coordinate all the care, pay all the bills, find the accommodation and food when needed for the parents, advocate for the children when a child needs more specialised care in another state hospital.

CTC

The CTC is totally different to our EPIC's and LTO school but the vision is same here for all the special children to reach their full potential without any discrimination.

We have also been doing physiotherapy, sensory play, lots of paintings, puzzles and activities at our Children's Therapy Centre which helps children with special needs.

The staff and children at Children's Therapy Centre celebrated International Yoga Day at their centre with lots of yoga styles. Yoga is brilliant and helpful for our special kids to increase their concentration, flexibility and strength in them.

Children Therapy Centre is a school every child wants to go. Our team go the extra mile and more. From early morning pick ups, quite literally carrying a lot of the children into our LTO transport through to making every child feel like a super hero!

A BIG high-five to the staff at the CTC who work incredibly hard to nurture all the individual children in their care. They are AMAZING!

Programmes and extra activities at LTO

All our centres celebrated Teacher's Day and Children's Day in their style!

In Berhampur our 5 EPIC pre schools had a fantastic party together, our schools in Berhampur and Paralakhemundi partied in style and enjoyed lots of yummy food with lots of dances, skits and songs.

Our children's therapy centre also had a fabulous time and everyone got lovely presents.

Also we celebrated Independence day and Republic Day in our school playground to remembering our freedom fighters.

At Love The One, we know that regular parent teacher meetings are such a valuable way to build relationships and support the children as well their carers and we have started doing 3 times in a year.

Some of our Love the One Students were selected to represent our school at the Odisha State Championships. They have won 3 Gold medals and 2 Silver medals for Love the One school. So grateful to all the coaches who work every week with all our children and so very proud of our medallists.

Our kids are all so precious and are future world changers and so we don't want to miss any chance to celebrate with them.

We are immensely grateful for your continued trust and support to Love the One. Together, we are making a positive difference in the lives of each individuals at LTO and we look forward to continuing this journey with you towards a brighter and healthier future for the children and communities we serve.

Your involvement is vital to the success of our vision and mission. Thank you for being a valued partner in this journey.

Best wishes

Cat, Mary, Sumeet and team LTO