



# PSHE- Year 6- Drug, alcohol and tobacco education – weighing up risk

## Key Vocabulary

1. Drug - substance which has an affect on the body.
2. Alcohol - a colourless liquid which is found in wine, beer, spirits and other drinks that affects people's mood.
3. Tobacco - dried tobacco leaves which contain the drug nicotine.
4. Nicotine - a yellowy oily liquid which causes people to feel more alert.
5. Solvents - a liquid used to dissolve other substances. Some people breathe in the solvent to feel "high" but it is very harmful to your brain.
6. Cannabis - a plant which when smoked temporarily changes the way the brain works.

## Key Points I will learn

1. About some of the possible effects and risks of drugs.
2. That some drugs are restricted and illegal to own, use and supply them.
3. Why and when people might use drugs.
4. Know where to get help, advice and support about drug use.
5. Know ways of reducing risk in drug taking situations.

## Important Questions

Why might someone feel pressured to take drugs? Are all drugs bad? What could you do if you were worried about someone taking drugs?

