

















## Subject Map: PSHE Y1-Y6 coverage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 1</b>	<b>Identity, society &amp; equality</b> Me & others (3 hours)	<b>Physical health and wellbeing</b> Fun times (3 hours)	<b>Keeping safe and managing risk</b> Feeling safe (3 hours) 	<b>Mental health and emotional wellbeing</b> Feelings (3 hours)	<b>RSE</b> Boys and girls, families (3 hours)  (COVERED IN YEAR 2 THIS YEAR SO NO TEACHING IN YEAR 1)	<b>Drug, alcohol and tobacco education</b> What do we put into and on to bodies? (3 hours) 
<b>Year 2</b>	<b>Physical health and wellbeing</b> What keeps me healthy? (3 hours)	<b>Careers, financial capability and economic wellbeing</b> My money (3 hours)	<b>Keeping safe and managing risk</b> Indoors and outdoors (Lighter nights) (3 hours) 	<b>Mental health and emotional wellbeing</b> Friendship (3 hours)	<b>RSE</b> Boys and girls, families (3 hours) 	<b>Drug, alcohol and tobacco education</b> Medicines and me (3 hours) 
<b>Year 3</b>	<b>Identity, society &amp; equality</b> Celebrating differences (3 hours)	<b>Physical health and wellbeing</b> What helps me choose? (3 hours)	<b>Keeping safe and managing risk</b> Bullying – see it, say it, stop it (3 hours) 	<b>Mental health &amp; emotional wellbeing</b> Strengths & challenges (3 hours)	<b>RSE Education</b> Growing up and changing  (3 hours) (COVERED IN YEAR 4 THIS YEAR SO NO TEACHING IN YEAR 3)	<b>Drug, alcohol and tobacco education</b> Tobacco is a drug (3 hours) 
	<b>Careers, financial capability and economic wellbeing</b> Saving, spending and budgeting (3 hours)					
<b>Year 4</b>	<b>Identity, society and equality</b> Democracy (3 hours)	<b>Physical health and wellbeing</b> What is important to me? (3 hours)	<b>Keeping safe and managing risk</b> Playing safe (3 hours) 	<b>Mental health &amp; emotional wellbeing</b> Recapping 3x lessons from previous years – tailored each year to needs of the class (3 hours)	<b>RSE</b> Growing up and changing (3 hours) 	<b>Drug, alcohol and tobacco education</b> Making choices (3 hours) 
<b>Year 5</b>	<b>Identity, society and equality</b> (3 hours) Stereotypes, discrimination and prejudice (including	<b>Physical health and wellbeing</b> In the media (Alright Charley) (3 hours)	<b>Keeping safe and managing risk</b> When things go wrong (3 hours)	<b>Mental health and emotional wellbeing</b> Dealing with feelings (3 hours)	<b>RSE</b> Healthy relationships / How a baby is made (3 hours)	<b>Drug, alcohol and tobacco education</b> Different influences (3 hours)



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	tackling homophobia)					
	<b>Careers, financial capability and economic wellbeing</b> Borrowing and earning money				(COVERED IN YEAR 6 THIS YEAR SO NO TEACHING IN YEAR 5)	
<b>Year 6</b>	<b>Identity, society and equality</b> Human rights (4 hours)	<b>Physical health and wellbeing</b> Recapping 3x lessons from previous years – tailored each year to needs of the class (4 hours)	<b>Keeping safe and managing risk</b> Keeping safe - out and about (4 hours) 	<b>Mental health and emotional wellbeing</b> Healthy minds	<b>Sex and relationship education</b> Healthy relationships / How a baby is made (20 hours) 	<b>Drug, alcohol and tobacco education</b> Weighing up risk (4 hours) 



The red flag demarcates lessons which link directly to safeguarding