



Subject Map: PE Y1-Y6 coverage

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Key Skill: Coordination and Static Balance.	Key Skill: Agility/ Static Balance.	Key Skill: Dynamic and Static Balance.	Key Skill: Ball Skills and Counter Balance.	Key Skill: Coordination and Reaction/Response.	Key Skill: Ball chasing and Static Balance.
Year 1	Key Skill: Coordination/ Static Balance. Skill Application: Dance.	Key Skill: Balance to Agility/ Static Balance. Skill Application: Gymnastics.	Key Skill: Dynamic and Static Balance. Skill Application: Games.	Key Skill: Ball Skills and Counter Balance. Skill Application: Gymnastics.	Key Skill: Coordination and Reaction/Response. Skill Application: Dance.	Key Skill: Ball Chasing and Floor Work. Skill Application: Athletics.
Year 2	Key Skill: Coordination and Static Balance. Skill Application: Gymnastics.	Key Skill: Dynamic and Static Balance. Skill Application: Dance.	Key Skill: Dynamic and Static Balance. Skill Application: Skipping.	Key Skill: Ball Skills and Counter Balance. Skill Application: Games.	Key Skill: Coordination and Reaction/Response. Skill Application: Dance.	Key Skill: Agility and Static Balance. Skill Application: Athletics.
Year 3	Key Skill: Coordination/ Floor Movement Patterns. Skill Application: OAA- Sleepover.	Key Skill: Dynamic Balance to Agility. Skill Application: Gymnastics.	Key Skill: Dynamic Balance. Skill Application: Gymnastics and Dance.	Key Skill: Coordination with Equipment. Skill Application: Dance.	Key Skill: Agility- Reaction/ Response. Skill Application: Games and Athletics.	Key Skill: Agility- Ball Chasing. Skill Application: Athletics.
Year 4	Key Skill: Coordination – Floor Movement. Swimming.	Key Skill: Dynamic Balance to Agility. Swimming.	Key Skill: Dynamic Balance. Swimming.	Key Skill: Coordination with Equipment. Swimming.	Key Skill: Agility – Reaction/ Response. Swimming.	Key Skill: Agility – Ball Chasing. Skill Application: OAA – Campover/ Yeadon Tarn Swimming.
Year 5	Key Skill: Ball Skills. Skill Application: Games.	Key Skill: Static Balance and Games Skills. Skill Application: Gymnastics.	Key Skill: Dynamic and Counter Balance. Skill Application: Gymnastics and Dance.	Key Skill: Dynamic and Static Balance. Skill Application: Dance.	Key Skill: Static Balance and Coordination. Skill Application: OAA- Malham.	Key Skill: Coordination and Agility. Skill Application: Athletics.
Year 6	Skill Application: Games. Gymnastics.	Skill Application: OAA - Dobroyd. Gymnastics.	Skill Application: Games and Ice Skating. Dance.	Skill Application: Games. Dance.	Skill Application: Games. Athletics.	Skill Application: Games and Bikeability. Athletics.