



Park Spring Primary School's Relationships and Sex Education (RSE) Policy Summary

Definition of RSE

RSE is part of lifelong learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. RSE, within PSHE, aims to give children and young people essential skills for building positive, enjoyable, respectful, and non-exploitive relationships and the skills to stay safe both on and offline. It enables pupils to explore their own and other's attitudes and values and builds their self-esteem and confidence to view their own sexuality positively.

RSE at Park Spring

RSE is part of the PSHE curriculum. We consider pupils' needs and ability to understand, and aim to:

- Encourage pupils to feel positive about themselves, develop confidence and self esteem
- Encourage healthy physical, moral and emotional development
- Value the importance of stable and loving relationships, respect, love and care
- Encourage pupils to make positive choices
- Help pupils to develop and maintain healthy relationships
- Prepare pupils for changes, physically and emotionally
- Encourage assertiveness
- Help pupils to stay safe
- Help pupils to understand emotions and feelings
- Develop an awareness of family life and the responsibilities of parenthood
- Develop an understanding and acceptance of diversity
- Create a positive culture about sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies
- Encourage pupils to seek help and support when required

Roles and responsibilities in school

The member of staff responsible for the co-ordination, development, monitoring and evaluation of RSE is Ruth McWhinnie, the PSHE Subject Leader. The link governor who has oversight is Sue Wood.

Staff continuing professional development

Park Spring Primary School ensures its staff are trained on the delivery of RSE. We are supported by advisers from Leeds City Council, and training is included on our continuing professional development calendar.

Confidentiality

Staff working with pupils cannot offer unconditional or absolute confidentiality. Staff have an obligation to inform pupils of this and to pass information on to the school's Safeguarding lead if what is disclosed indicates that a pupil is at risk of harm.

Our RSE policy and review

The full RSE policy is made available to staff and parent/carers on Park Spring's school website under key information: policies. The RSE policy will be monitored by the PSHE subject leader, governors and parent governors and the senior leadership team. It will be reviewed on an annual basis.

Parent/Carers rights and partnership with school

We consult you, as families, on the content of the RSE programme by sharing our policies. You have the right to withdraw your children from sex education which is **not** in the National Curriculum. You will be advised (by letter) about sex education lessons prior to teaching. Further details of the lessons will be provided upon request and you will be invited to view any materials before the lessons are taught. If you have any questions or concerns about any RSE lessons and/or content, we encourage you to speak to your child's teacher for more information. If you wish to withdraw your child from any of the **non-statutory** RSE lessons, you must contact the head teacher and arrange to speak to them, and then put their concerns in writing. Parents cannot withdraw from any other Health and Relationships lessons, including

those about the changing adolescent body and puberty. Please see the overview below for which lessons children can and cannot be withdrawn from.

The RSE curriculum

Highlighted content = non statutory lessons which you CAN withdraw your child from.

Everything else is statutory and children cannot be withdrawn from these lessons.

Year 2	Year 4	Year 6
Boys and girls, families	Growing up and changing	Healthy relationships How a baby is made
Pupils learn to understand and respect the differences and similarities between people	Pupils learn about the way we grow and change throughout the human lifecycle	Pupils learn about the changes that occur during puberty
Pupils learn about the biological differences between male and female animals and their role in the life cycle	Pupils learn about the physical changes associated with puberty	Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact
Pupils learn about the biological differences between male and female children	Pupils learn about menstruation and wet dreams	Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
Pupils learn about growing from young to old and that they are growing and changing	Pupils learn about the impact of puberty on physical hygiene and strategies for managing this	Pupils learn about human reproduction in the context of the human lifecycle
Pupils learn that everybody needs to be cared for and ways in which they care for others	Pupils learn how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty	Pupils learn how a baby is made and grows (conception and pregnancy)
Pupils learn about different types of family and how their home-life is special	Pupils learn strategies to deal with feelings in the context of relationships	Pupils learn about roles and responsibilities of carers and parents
	Pupils learn to answer each other's questions about puberty with confidence, to seek support and advice when they need it	Pupils learn to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it
		Pupils learn some myths and misconceptions about HIV, who it affects and how it can and cannot be transmitted
		Pupils learn about how the risk of HIV can be reduced
		Pupils learn that contraception can be used to stop a baby from being conceived

National Curriculum Science: This is statutory, and children cannot be withdrawn.

Key Stage 1:	Key Stage 2:
Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense	Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
Notice that animals, including humans, have offspring which grow into adults	Describe the life process of reproduction in some plants and animals
Describe the importance for humans of hygiene	Describe the changes as humans develop to old age