



## Public Health England

Dear parents,

You may be aware that measles is currently circulating in Leeds. Measles is extremely infectious and can be serious for some people. Public Health England has the following advice:

You can help protect yourself and your family by ensuring you've all received two doses of MMR vaccine in the past. Please take this opportunity to check your child's red book, or contact your GP surgery to check if you're unsure. The vaccine is routinely given at 1 year of age, with a second dose at around 3 years and 5 months, as part of the NHS Childhood Immunisation Programme.

If you, or any other children in your family, aren't up-to-date with the vaccine, this can be arranged with your GP surgery. We are encouraging all people in Leeds to do this now, since measles is circulating in the city. It is never too late to vaccinate because measles may have serious complications regardless of age.

Please remember to stay alert to the symptoms of measles, and if you have symptoms, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from school, GP surgeries and A&E departments – because measles is extremely infectious, you could spread the illness to others. **Symptoms include: high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms.**

Further information regarding measles can be found at: <https://www.nhs.uk/conditions/measles/>

Yours sincerely,

Helen McAuslane  
Consultant in Health Protection  
Public Health England