



# Park Spring Primary School

## "Achieving Together"

Park Spring Primary P.E. Policy (Approved by Governors March 2015)

### Overview of P.E. at Park Spring

In Physical Education children take part in a wide variety of activities. At the beginning of their school life children learn and explore basic movement skills through physical literacy. They develop agility, balance and co-ordination during all of their lessons. As they develop these skills throughout KS2, they then begin to put these skills into games and learn the importance of working together to help them achieve and compete.

We play a wide variety of team games and during fine weather we take advantage of our fantastic playing field for outdoor activities of many kinds. Children are challenged to apply their skills in traditional and non-traditional games, and create their own to develop their skills and abilities.

As a school we run a wide variety of lunchtime and afterschool sports clubs. These include football, netball, athletics, juggling, table tennis, rugby and dance. We also follow a competition pathway through local and city wide sporting competitions. We really enjoy competing against other local primary schools as it is great to put our skills into action! We are proud of our links with the local high schools. We feel they provide support, expertise and wonderful facilities to help provide our children with the memorable experiences they deserve.

The Government currently provide Sports Premium funding of £8,000 (plus £5 per pupil between the ages of 5-11 years old) to improve the quality of sport and PE for all their children. As a school we want to ensure this money develops the teaching and learning of Physical Education and has a long-lasting impact. Some of the money has been invested in the professional development of teachers so they are best equipped to teach high quality Physical Education for years to come. We have also purchased a complete package of high quality PE schemes of work which will develop the fundamental skills of our children whilst developing their ability to compete. In addition, we have specialist coaching from organisations such as the Leeds Rhinos and Leeds United Football Club to work alongside our teachers. Together we aim to inspire our children through Physical Education and encourage them to maintain a healthy and active lifestyle.

### The Aim of P.E. at Park Spring

Children at Park Spring School will be encouraged to adopt a lifelong commitment to a healthy, active and enjoyable lifestyle.

Children at Park Spring School will enjoy a rich variety of experiences in Physical Activity. Opportunities will be provided which will enable them to plan, participate in and evaluate





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work appropriate to their age and their needs. Gaining knowledge and understanding and developing a range of social skills are considered important aspects of Physical Activity, as well as improving the physical skills, health and fitness of our children. The development of a Growth Mind Set through PE is a crucial aspect of lessons planned through the promotion of independence, challenge effective feedback by adults, peers and self.

### Schemes of work

The Real PE scheme of work is fully aligned to the new National Curriculum and Ofsted requirements and focuses on the development of agility, balance and coordination, healthy competition and cooperative learning.

### Differentiation

Physical Education provision at Park Spring caters for the individual needs of all children. Activities should provide differentiation to enable all children to achieve and make progress in line with their physical abilities. The STEP principle is often used to differentiate. As teachers we can adapt the space, task, equipment and people to challenge or simplify activities. We also challenge children in P.E. with high quality questioning to develop the children's thinking.

### Assessment

It is recognised by all teachers in Park Spring Primary School that assessment, recording and reporting are important elements in ensuring that sound progress is made by children in Physical Education. It is also acknowledged that individual teachers possess considerable skills in assessing their children, and by working with them closely on a daily basis, sound judgements can easily be made. We also encourage children to peer and self-assess their own performance throughout their P.E. lessons.

Children will be assessed against their ability to perform 12 age differentiated fundamental skills.

### Equal Opportunities for all in Physical Education and Activity

In our school we believe strongly that all children regardless of race, gender or ability deserve, and are entitled to, equal opportunity.

Throughout every activity within the Physical Education curriculum, children will have the opportunity to participate, and in so doing, develop their personal skills, knowledge and enjoyment.





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### P.E. Non Negotiables

- pumps are not to be worn in gym and dance but to be placed along the benches or in corners for different groups
- mats should be carried by 4 children in KS1 and 2 children in KS2.
- children need a letter if not taking part in P.E. These children must then have an active role in the lesson e.g. evaluating performance, videoing, supporting groups etc.
- jewellery (including earrings) must be removed and hair tied back.

### Resources

All equipment for P.E. is stored in the garage. Playtime equipment is stored separately in the other storage unit. It is the teachers' responsibility to ensure that all resources are returned to the correct location and the stores are kept in an organised manner. All breakages should be reported to the P.E. leader.

### Park Spring's involvement with the wider community

Part of the Sports Premium funding has given us the opportunity to work more closely with other local teams and businesses in the community. Leeds Rhinos and Leeds United Football Club support our curricular and extra-curricular PE activities and other local teams such as Pudsey Congs Cricket Club and Fulneck Golf Club have provided coaching staff for extra-curricular clubs.

Parents are invited to take an interest in out of school activities, festivals and competitions. They often help with transport and support their children in competitions. We produce a termly newsletter detailing past events and successes.





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### Extra Curricular Activities

At Park Primary School we believe that opportunities for children to participate in and enjoy a variety of extra-curricular activities is very important. They should develop an interest in PE that will lead to participation out of school and develop a lifelong desire for an active and healthy lifestyle. Whilst curricular activities develop the basic fundamental skills of agility, balance and coordination, healthy competition and cooperative learning, extra-curricular activities should develop the children's knowledge, skills and understanding of specific sports. Throughout the year there are a range of clubs for all Year groups. Some of the clubs are run by teachers while others are run by outside agencies such as Leeds United and Leeds Rhinos. We believe it is important for all children to be provided with a wide range of sporting opportunities throughout their time at Park Spring. We have very strong links with the local high schools. Children from Year 2, Year 3 and Year 4 have the opportunity to take part in multi- skills activities at Crawshaw while in Year 5 and Year 6 Crawshaw and Grangefield organise a netball and football competitions.

### Inter School Competition

Inter school competition at Park Spring is crucial to delivering a rounded PE experience. Alongside competiion at local high schools, we als take part in many city wide opportunities such as the Brownlee Brothers Triathlon, Hockey tournaments, mini tennis and Athletics events. Children attending these events must be appropriately dressed in Park Spring Team kit.

### Dress Code

At Park Spring we expect all children to wear correct kit for indoor and outdoor P.E. Children should have navy blue or black shorts and a round necked white plain (no logos) t-shirt. For outdoor P.E. children are expected to wear a plain black or navy tracksuit and outdoor trainers. P.E. kit should be brought in, in a named PE bag at the beginning of each half term to ensure that children have it ready for P.E. sessions every week. For swimming lessons girls should wear a one-piece swimsuit with boys wearing swimming trunks (or shorts which must be above the knee). They are allowed to bring goggles to each swimming lesson.

### Jewellery and hair

All jewellery should be removed for P.E. This includes earrings. If a child has recently had ears pierced then children should tape the earrings for the period when they cannot be removed. Children must tie long hair back for all P.E. lessons.

